

ECO-Lunch has created a menu with four important principles in mind: **taste, quality, nutrition,** and **environmental impact.** We are committed to providing an unparalleled lunchtime experience that is **flexible, convenient, affordable** and best of all **ECO-FRIENDLY.**

Please inquire about our catering services and business orders.

Candice Rutherford  
707-227-2682

[www.Eco-Lunch.com](http://www.Eco-Lunch.com)

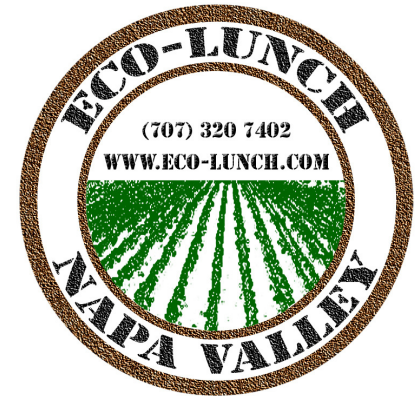
Candice@Eco-Lunch.com

## Corporate Menu

[www.Eco-Lunch.com](http://www.Eco-Lunch.com)

ECO-LUNCH  
P.O. BOX 10698  
NAPA, CALIFORNIA 94581  
[WWW.ECO-LUNCH.COM](http://WWW.ECO-LUNCH.COM)  
(707) 227 – 2682  
FAX (707) 307-4381

ECO-LUNCH  
providing healthy meals for our kids



Delivering Organic,  
Healthy Lunches to You.

*Healthy Never Tasted  
This Good!*

*Minimum Order:  
15 boxed lunches or  
5 platters*

Candice Rutherford  
Phone: 707-227-2682  
Email: Candice@Eco-Lunch.com

## LUNCH MENU

Boxed Lunches, Delivered

**Tri-Tip Salad 10.00**

Local Tri-tip served over organic Greens, Carrots, and Snow Peas. Your choice vinaigrette or ranch dressing. Served with Cornbread and for dessert, our healthy Chocolate Chip Cookie.

**Chicken Potstickers 10.00**

Potstickers with organic Brown Rice and Edamame. Served with seasonal Fruit and Dessert.

**Grilled Vegetable and Roast Beef Sandwich 10.00**

Served on a Model Bakery roll with a Green Salad, Fruit, and Dessert.

**Organic Cheese Pizza 10.00**

Basil, Mozzarella, and Fresh Tomatoes. Served with Organic Local Fruit, Seasonal Salad, and Dessert.

**Grilled Chicken Sandwich 10.00**

Served with Mozzarella on a Model Bakery roll with A Basil Avocado Pesto. Served with a Green Salad and Dessert.

**BBQ Chicken Sandwich 10.00**

BBQ Chicken served on a toasted Model Bakery roll. Served with a Salad and Dessert.

## Catering/ Events Menu

Platters: Serves 12-15 people

**Organic Fruit, Seasonal 24.00**

**Sweet Breads 32.00**

An Assortment of Scones, Muffins and Sweet Breads served with Butter and homemade organic Preserves.

**Seasonal Scones 24.00**

**Quiche 18.00**

Spinach and Swiss cheese

**Cinnamon Rolls 28.00**

Fluffy Cinnamon Rolls served with frosting and a side of nuts

**Banana Bread 14.00**

Served with a side of whipped butter

### 3-gallon Drink Options

*(each serves 24, 16 oz servings: comes with ice, cups, lids, and straws)*

**Orangeade 25.00**

Fresh Squeezed Oranges, Lemons, and a touch of Agave

**Lemonade 25.00**

Fresh Squeezed Lemons and Agave

**Cold Hibiscus Tea 20.00**

Hibiscus Flowers, Lime, and Agave

## Catering/ Events Menu

Platters: Serves 12-15 people

**Chocolate Chip Cookies 20.00**

**Assorted Dessert Platter 20.00**

**Chicken Potstickers 22.00**

**Green Salad 30.00**

**Grilled Chicken Sandwich 75.00**

Fresh Mozzarella Sandwich served on a Model Bakery Roll with A Basil Avocado Tapenade

**BBQ Chicken Sandwich 75.00**

BBQ Chicken served on a toasted Model Bakery roll.

**Large Pizza 20.00**

Your choice of three toppings.



Candice Rutherford

707-227-2682

[www.Eco-Lunch.com](http://www.Eco-Lunch.com)

Candice@Eco-Lunch.com